



# TACKLE TOUGH TIMES

**BUILD RESILIENCE TO  
OVERCOME ADVERSITY.**

The Employee Assistance Program offers no-cost, confidential support to help you meet life's challenges.

**Contact the EAP Today**

PHONE 1.800.550.6248 ONLINE [SandCreekEAP.com](http://SandCreekEAP.com)

**YOUR EAP IS SIMPLE TO USE. IT IS CONFIDENTIAL. IT HELPS.**

Employees, their spouse and dependents have access to no-cost counseling services statewide through their employment with an MCIT public entity member.

